



Erasmus+



ASHA
Centre

rites of passage:

Strengthening Our Communities

02-11/03/2020

“During periods of major change, we are stripped of our old place in the world. Ritual helps us relax into a lack of stable ground. Times of transition are the best opportunities to renew the search for meaning.”

– Bill Plotkin

Introduction to the Training

Each culture carries private, public and ceremonial rituals as crucial currency for communicating values and inviting participation. At a time of fracturing community, increased isolation and intolerance, this course focuses on how reinvigorated rituals can support societies to evolve new identities, foster heartfelt engagement and deepen social connections.

‘Rites of Passage: Strengthening Our Communities’* will envision healthy communities and examine the role of relationships and elders in guiding young people. We will look at the way celebrating rites of passage can ensure cultural continuity and help the young find purpose and offer service within it. We will exchange the rites of our own cultures and develop empathy practices in the powerful act of witnessing and being witnessed. The course seeks to empower a generation of community leaders by equipping youth workers with creative tools for rigorous and practical leadership.

You will study:

- Ethnographic principles and the history of ritual
- Healthy community frameworks
- Non-violent communication
- Rites for civic engagement and social justice
- Active listening and the practice of empathy
- Theatre for personal expression

The course will use non-formal education methods including presentations, artistic expression, group work, sharing and games. You will be stimulated by active personal participation, project design, development and delivery. You will be furnished with a toolkit and will be asked to create dissemination projects in your home communities.

Participant Profile

- A genuine passion for participating in the course
- A willingness to participate in outdoor expeditions and to bring appropriate clothing and footwear
- Good English-speaking skills
- 18 or over

*

‘Rites of Passage: Strengthening Our Communities’ is the second training course of a three-part project. The first course (6th – 15th November 2019) focuses on embracing change in ourselves and the third (8th – 17th September 2020) invites transformation in our relationship to the natural world. While there is no obligation to attend all three, you are welcome to participate in the complete project. This project actively welcomes participants displaced from their country of origin, or experiencing a huge transition in their communities, and looks at how rites of passage can support people in such extreme situations. We are committed to equal opportunity so will readily discuss physical access needs.

Participation, Accommodation and Board

Participation, accommodation and meals (breakfast, lunch and dinner) are all provided free of charge.

Reimbursement of Travel Costs

ASHA reimburses travel expenses at 80% (for a travel distance of 0–1999 km) and 90% (for a travel distance of 2000–3999 km) of the overall cost (but no higher than the Erasmus+ travel distance band ceilings).

Partner Countries, Organisations and Travel Budget Ceilings

Country	Partner Organisation & Contact Email	Number of Participant Spaces	Travel Budget Ceiling: 80% / 90% of total amount reimbursed up to...
United Kingdom	The ASHA Foundation	4	180 euros
	maris@ashacentre.org		
Croatia	Udruga gluhih i nagluhih Nova Gradiska	4	275 euros
	dianagrgat@yahoo.com		
Greece	Youthfully Yours Gr	4	360 euros
	youthfullyyoursgr@gmail.com		
Italy	VulcanicaMente	4	360 euros
	vulcanicamente.project@gmail.com		
Latvia	Raibais kaķis	4	275 euros
	sergejs193@gmail.com		
North Macedonia	CET platforma Skopje	4	360 euros
	macedonia@cetplatforma.org		
Romania	Asociata Hair Redivivus Buzau	4	360 euros
	roleainaction@gmail.com		
Spain	Fundació Catalunya Voluntària	4	275 euros
	info@catalunyavoluntaria.cat		

How to Apply

If you wish to apply, please bear in mind that travel costs can only be reimbursed when journeying from one of the above countries.

To apply for this training, simply complete the application form below (page 4), save it to your computer and then email it to:

- The partner organisation based in your country of residence (see above)
- **AND** maris@ashacentre.org (Cc)

Rites of Passage: Strengthening Our Communities

2nd - 11th March 2020

Under the new GDPR Data Protection law you must now give us your consent to process the information you provide on this form. Please tick the box to give your consent for us to use your information. Unfortunately, if you do not consent you will be unable to attend the course.

We may contact you in the future regarding courses that may be of interest to you. Please tick this box if you consent to this.

To apply for the participation in the training, please fill in the Application Form, **SAVE IT FIRST** and then email it to us (see email addresses above).

APPLICATION FORM

Name		Surname	
Date of Birth		Gender	
Contact Email		Contact Number	
Nationality		Country of Residence	
Sending Organisation (not applicable for residents of UK)			
Have you taken part in other ASHA Centre courses?		Yes	No
If YES , please specify for which course(s) and when			

RELATIONSHIP TO COURSE THEMES

What is your personal/professional experience in relationship to the theme of the training?

MOTIVATION

What is your motivation to participate in this training? Please refer to a maximum of three learning expectations.

In the wider context of the Erasmus+ focus on empowering those with fewer opportunities, would your participation in this course help you overcome any barrier(s) (e.g. lack of work experience, discrimination, disadvantaged socio-economic background, geographic isolation etc.)?

SPECIAL NEEDS

Do you have any special needs or requirements that the organisers would need to take into account (e.g. dietary, disability, medical, etc.)?

©

Cover image 'Source Connection'

by

Emma Abel

www.emmabeldrawings.com